



# NEWS FOR YOU

Fall 2008 Issue

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Greetings Trefoil Members,

It seems a long time since June when some of us met at Max Simms Camp for the annual gathering. It was a fun time with its nautical theme carried through from Friday to departure on Sunday.

Still on the nautical theme, I had the great privilege of being on the water this summer when whales, those giants of the deep, favored us with a fabulous show . My husband and I were fishing for cod on a very warm summer’s day when I heard off in the distance what I thought to be gunshots. .I knew it was not the season for hunting in these parts so I roused myself from a sunny warm stupor and gazed the ocean in all directions. Sure enough, way off in the distance I saw this magnificent creature rise up from the water and then flop back down raising water all around. The ‘shots’ I heard were the sound of their bodies hitting the water... giant massive belly flops. As they performed ‘fin flops’ and ‘ belly flops’, I figured they too ,were enjoying the beauty of this July day. My husband drew my attention to the task at hand and I dutifully went back to attending the cod. It wasn’t long before I heard a familiar ‘whoosh’ near the boat. This time I recognized the sound. We had fishers close by .... friends, no doubt, of the entertainers way off. We figured we had enough from these grounds and gently started the motor, moving off to let these gentle giants have their share of the cod as well.

July was also a great month for wild flowers. A morning’s walk along the road following the shoreline revealed a spectacular roadside garden of daisy, dandelions, buttercups , asters, primrose, lupin and wild rose. A glance over bog land revealed pitcher plants, burnet, arctic cotton, blue flags and bog laurel. On the beach itself there were harebells, beach peas, lungwort and sea rocket. What a wealth of gardens we have, free and uncultivated.

Only a few years ago many of us were painstakingly teaching our Brownies and Guides the wealth of our flower heritage. Today, I enjoy it alone as I walk, or recite the names as my husband and I drive along rural roads. Teaching the girls was in reality teaching myself. How much did we learn, I wonder, as we taught the girls?

So ladies, it is back to our guild meetings as we change gears for our autumn and winter seasons. Have fun, look wide and remember to “Keep the Spirit Alive”!

Jane Bussey, Provincial Adviser NL

# News from round about.....

## ***Chickadee Trefoil Guild***

For Christmas our group delivered two Christmas baskets to people who were ill, and also had a Christmas luncheon at the Holiday Inn. Our Guild donated snowmen to the Dominica Adopt a Unit Program

For Thinking Day we participated in many activities including a church service, luncheon at Pizza Delight and a social at the Canam Lodge for past and present Guiders.

As this year's theme for World Friendship Day our president suggested that during the week we would brush our teeth using just a glass of water. Mabel also had a message on the radio during the week. Our Guild donated \$45.00 to the WWF and we forwarded a "Greeting" to the Guide-Scout leader in Long Island New Jersey. The group was requesting letters of greeting as a sign of friendship around the world.

We sent photos from our Guild to the Provincial Office to highlight 85 years of Guiding in Newfoundland and Labrador.

Members also attended a cheesecake and silent auction to raise money for Girl Guides attending International Camps this summer. Members will also be attending the advancement and AGM in late May. Four members plan on making the trek to Max Simms in June.

A BBQ at Mabel's cabin will close out the activities for the year.

## ***Sou'wester Trefoil Guild***

This guild continued to volunteer at the Primary School doing the Accelerated Reading program with the Grade ones.

During Guide-Scout week they held a luncheon meeting at Castaways, collected Friendship pennies, attended a church service and attended a social for Guiders and Scouters.

They have decided to donate money to Daffodil Place and they also helped a Pathfinder go to Winter Camp.

Members were busy donating to and helping with the District Cheesecake Tea which is a fundraiser to help with the area girls traveling internationally.

Members also attended a Pathfinder Social for Trefoil Guilds and some were planning on attending the AGM for Southwest Area.

### ***Killick Trefoil Guild***

In January, members were busy working on their quilt. It is coming along. In February, some members attended the Tri Area Thinking Day Service at the Reid Centre in Mount Pearl, while some attended the church service in Long Pond. In March,, we went to a Retirement Home in Kelligrews and provided entertainment to the residents. A group of Pathfinders and Guides from CBS assisted in singing and dancing . Plans were made to go bowling with the Long Pond Pathfinders and on to Tim Horton's for refreshments. Most of the Guild will be attending the Area Dinner on May 20<sup>th</sup> and we will be providing the entertainment. Two are registered to attend the Annual Gathering in June and our guild made a \$100.00 donation to the Camp. We hope to have another night working on the quilt and close out the year with a BBQ.

### ***Fireside Friends Trefoil Guild***

After the Christmas Holiday, our Guild was off and running again early in the New Year. Our first undertaking was to sponsor a workshop on Seniors Safety, conducted by the RNC. We extended an invitation to all guilds and were pleased that 44 women attended.

In February, we had a traditional Newfoundland Dance Night where a professional dance instructor, together with a three piece band of accordian players gave us one hour of instruction and laughter in the tradition of fast paced Newfoundland dance. We did reels, square dances and the lancers!

March, being St. Patrick's month, we had a St. Patrick's Day Celebration and in April we visited the Museum at the Rooms. On May 7<sup>th</sup>, six of our members attended a play the LSPU Hall. Our best efforts to hold a winter camp we unsuccessful due to weather, but our hopes are high that we will have a camp in September.

Our Trefoil Guild continues to enjoy every opportunity for fun and friendship. On May 22, we held a regular meeting and on May 29, it was a night of cooking through a *Cooking Class at Sobey's, Howley Estates*. Wayne Forward, a chef at the Fairmont Hotel, instructed us. We found out that his wife is a Guider, and as if he didn't have enough GGC cookies, the Guild presented him with two more boxes.

*June 6-8, 2008*, 11 members attended the "Weaving Friendships Cruise Line". We all enjoyed the workshop sessions, our free time, and the Captain's Dinner and Casino. Unfortunately, some of us lost big bucks but had a great time! On June 12, 2003, we held our *Annual General Meeting* at Don Cherry's. On July 12, 2008, we had a wonderful evening on the *Dildo Island Adventure Tour*. Eleven members from our Guild, 2 friends from the Killick Guild, and a various assortment of spouses, partners, and other friends (total: 27) boarded the tour boat and set sail for two hours enjoying the history of various landmarks. After the boat tour, we spent an additional hour at the loft above the museum being entertained by two very talented young ladies, Elvis (completely costumed in appropriate attire for the "King"), snacks, Barb on the ugly stick, and some brave ones who showed us their dancing abilities.

From *Friday-Sunday, August 8-10* we held our 4<sup>th</sup> *Annual Fireside Friends Trefoil Guild Camp*. This year's theme was "Beyond Reason" and although our numbers were down, our spirits were very high. On Friday, after setting up our site and eating a wonderful supper, we gathered around

the campfire to relax and gaze at the stars. We were in heaven. The next morning, we cleaned up the storage room in the PT Building and made the room more user friendly. Joan tackled the woodshed and what a job she did! Ann arrived in time for breakfast and after clean up we began our milk carton boat which actually was a raft and Ann and Sylvia were brave enough for the test sail. After a leisurely walk on the beach before the rain, we spent the rest of the afternoon with rest, reading and relaxation. Later we had a BBQ and again spent the evening around the campfire on the beach. For some unknown reason, only one of us was able to see stars in the sky that night. On Saturday, we checked in with Ann's tree and are delighted to report that it is very happy in its new location and has new growth. On Sunday, we left a small memento to let everyone know that we were there. As with all our adventures, it was a wonderful, relaxing and fun filled time. Not to be finished, our Guild has a "tasting tour" booked of the *Newman Wine Vaults* for Thursday, August 28. More on that in the next edition of the Newsletter! Keep the Spirit Alive!

### ***Forget Me Not Trefoil Guild***

Our Guild had a very busy year with some of our work careers winding down.

We looked after the hospitality for Provincial Council this past year which included providing coffee break snacks and lunches for Provincial Meetings as well as assisting where needed at the Provincial Dinner. Our Christmas project had each Guild member providing a pair of pajamas and slippers for ladies residing at the Iris Kirby House. A selection of new books for children of all ages was also donated. We enclosed Girl Guide cookies in our packages. Our Christmas outing was brunch at the Fairmont and was thoroughly enjoyed by all.

We continued to support the sale of Girl Guide cookies in the Spring and Fall.

In January some of our members attended the Personal Safety Workshop hosted by Fireside Friends.

In May, we attended a women's luncheon at St. Paul's Church in Goulds and during the year we met at Tim Horton's a couple of times for a keep in touch coffee break.

Our year ended with a dinner and overnight at the Capital Hotel in St. John's.

### ***LOL Trefoil Guild***

The LOL Trefoil Guild meet every two weeks. We have done many things since January. Here are a few:

Hosted an Amazing Race for the Goulds Winter Carnival.

Card making workshop. After the workshop we picked the address of another member & sent a friendship card in the mail to her.

We had a barbeque and an outdoor hot tub party in the middle of one of our biggest winter storms. There was snow on our heads & steam everywhere but we really enjoyed it.

We visited MUN to participate in a CSI workshop. We learned to solve a crime scene. This was very interesting!

We had a Valentine party & exchanged treats like a bunch of little kids.

We had a St. Paddys Day bring a friend party. From that party we recruited a new member.

We went to Dinner & a movie.

### ***Centennial Embers***

Hilda Murray reported that their Guild was much saddened by the death of Phyllis Reid, their dear friend and founding member, who “went home” just before Christmas. During the Fall they had an enjoyable get together at Jane Laite’s cabin at Ocean Pond. October and November regular meetings were held as luncheon meetings at members homes. Christmas potluck was held in early January at Susan Paton’s home.

### ***Crossroads Guild***

New Years Dinner meeting was held at a local hotel A photo was taken of our group and was submitted for entry in the Signal to announce our unique idea to collect friendship pennies. On February 22<sup>nd</sup> we hosted our regular Thinking Day Tea for friends of Guiding. At our May meeting we had a very special guest provide us with a very interesting presentation on Elvis.

Our service projects included collecting items to be used at the local SPCA, knitting teddy bears for the James Paton Memorial Hospital, collecting \$100 in friendship pennies for the CWWF, collecting dominion sales receipts and donating the proceeds from that to the Sharon Callahan Membership Assistance Program.

### ***Heritage Trefoil Guild***

Our guild had 4 meetings since January. We always open with the Guide Prayer or the Trefoil Prayer. The following is a list of activities for these meetings.

A silent auction.

Donation of \$45.00 to the Sharon Callahan Membership Assistance Fund.

Donation of \$10.00 to the Central Health Foundation in honor of our late patron Geradine Parsons.

Donation of \$20.00 to the World Friendship Fund.

A Thinking Day meeting to reminisce about our Guiding days.

Attended a church service for Scout-Guide week as a group.

Enrolled 3 ladies as members.

Celebrated Earth Day, with a guest speaker.

Jumbo sale.

Closing dinner was held at the Mount Peyton .

A safety seminar conducted by a member from the RCMP , will be held in September.

## **Annual Gathering Report:**

The 12<sup>th</sup> Annual Trefoil Guilds Gathering of Newfoundland and Labrador was held on June 6-8, 2008 at the Lion Max Simms Memorial Camp.

The Trefoil Guild members were all invited on the maiden voyage of the GGCS Spirit Alive which is the first ship in the fleet of the Weaving Friendships Cruise Line.

All the passengers were welcomed aboard by Captain Margaret Breen and First Mate Juanita Snook (Russell). The weather was fabulous so no umbrellas were needed to escort people up the gangplank. After checking in with the Purser, Heather Percy, and Logistics Officer, Joan Monk, passengers settled into their staterooms with the help of the Stewards, Wanda Garrett, Gloria Learning and Margot Walsh. Some passengers preferred to stay on the island and join the ship during the day.

After dinner and opening ceremonies, the Trefoil Guild Presidents held a short meeting and then joined the rest of the passengers for a mug-up and sing-a-long.

Saturday dawned as another beautiful day. The ship made a brief stop to pick up passengers from the Heritage Trefoil Guild. The Trefoil Guilds' Annual General Meeting was held followed by a group picture outdoors. During the day, a variety of activities were offered - Musical Memories, Healthy Living, Sharing Trefoil Guild Activities, Aquasize, Rug Hooking, Gift Tags, Personal Safety, Belly Dancing, and Leisurely Walk. Passengers had made their choices of activities when they made their reservations.

The evening brought more excitement! Everyone dressed up to attend dinner with the Captain and crew. Then the casino opened where everyone could join in the fun using the Captain's Dollars!

During the cruise, fundraisers were held for the Canadian World Friendship Fund and the Twinning Project in Dominica. The Trefoil Guilds also had a service project to assist the Lion Max Simms Memorial Camp. Their contributions included pool toys and financial assistance toward the installation of handrails on the pool steps.

Sunday was another beautiful day, but sadly, our cruise was almost over. After Guides Own and closing ceremonies, the ship arrived back where it started and the passengers disembarked to head home.

**Remember the request for meeting ideas Florence encouraged you to submit while at camp?**

Here are a selection of what some members submitted.....

...guest speaker            e.g organ donation, safety, Mary Kay representative

...go ice fishing

...hold a dinner meeting at a restaurant

...knit finger puppets, teddy bears, infant hats to donate to a local hospital

...learn a new Guide song, invite a choir director to inspire you.

...hold a shower for a charity like Kirby House and donate the items.

...make cards using recycled materials and send them to ladies who can't get out to meetings.

...invite another Guild to a meeting.

...challenge your members to try something different.

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Simple Blessings

Bless the food before us now,  
Bless the friends who share it.

Bless the fields and bless the plow,  
Bless the hands that prepare it.

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*We Are the Chickadees*  
*Submitted by Winnie Marshall*

We are an active Trefoil Guild  
Our name is Chickadee,  
All pre-conceiving OA cheques  
Most, no longer paying fees.

Although we're getting up there  
To keep youthful, we strive  
Always doing our best  
To, "Keep the Spirit Alive".

Our purple shirts tell who we are  
The latest branch in Guiding,  
When June month rolls around again  
To Max Simms Camp, we'll be riding.

We are there to help the girls  
with their projects large and small,  
We attend all their events during  
Spring, Summer, Winter and Fall.

All our meetings are hosted  
At a members home each month,  
We enjoy a delicious lunch.

We send our warmest greetings  
To Trefoilers everywhere,  
That you keep well and active  
is our fervent prayer.

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**Bouquets to Guild Members!**

Congratulations to Isabel Blackmore, Crossroads Trefoil Guild, on being a winner for her poem, "Another Rubber", in the 2008 Arts and Letters competition.

Also, congratulations go out to Linda Collier of the Sou'wester Guild who was awarded the Provincial Susie Day Volunteer of the Year 2007 Award

Brought to you by Christina, Florence and Jane.



