

BC CAMPING CHALLENGE – FALL FUN

A SEASONAL CAMPING CHALLENGE
FROM THE BC CAMPING COMMITTEE



Copyright © 2014 Girl Guides of Canada-Guides du Canada, British Columbia Council,
1476 West 8th Avenue, Vancouver, British Columbia V6H 1E1

Unless otherwise indicated in the text, reproduction of material is authorized for non-profit Guiding use within Canada, provided that each copy contains full acknowledgment of the source. Any other reproduction, in whole or in part, in any form, or by any means, electronic or mechanical, without prior written consent of the British Columbia Council, is prohibited.



Overview

The BC Camping Challenge – FALL FUN contains four categories: Camp Preparation, Camp Cooking, Camp Skills, and Outdoor Activities.

Challenge Requirements

To earn the seasonal Challenge Crest, the girls need to have an **overnight** camping experience, and complete the required number of challenges from each section. Sparks can camp for one or two nights; Brownies, Guides, Pathfinders and Rangers all need to camp for two nights

	Sparks	Brownies	Guides	Pathfinders	Rangers
Camp Preparation	2	2	3-5	3-5	3-5
Camp Cooking	2	2	3-5	3-5	3-5
Camp Skills	2	2	3-5	3-5	3-5
Outdoor Activities	1	1	2	2	2

All Branches: Complete the mandatory, “Be a No Trace Camper – leave your campsite in better condition than you found it.”

Guiders do the same number of challenges as the girls they are working with.

When you have fulfilled the requirements, complete the **BC Crests Order Form** found on the BC Girl Guides website <http://www.bc-girlguides.org/> (click on Program > Challenges & Activities > Provincial Challenges). Instructions on how to order the crests are provided on the form.

Planning and Preparing

When you are planning your camp, please refer to the BC progression of camping skills and help the girls to acquire those skills for each level. Be sure to get the girls involved and ask them which challenges they want to do.

<http://www.bc-girlguides.org/WEB/Documents/BC/camping/Progression-of-Camp-Skills.pdf>

Camp Preparation:

- Practise putting up and taking down a tent
- Learn about back packs and how to properly fit them
- Make a cozy pillow cover or travel pillow to take to camp
- Put together a Be Prepared or first aid kit
- Discuss what to do if there is a fire at camp (residential, cooking, campfire out of control). Be sure that you bring the necessary supplies to keep your campfire and camp kitchen safe (baking soda, fire extinguisher water bucket, shovel, etc.)
- Learn two styles of lashing, and lash something together
- Break in your hiking boots, and learn about foot care, how to prevent blisters, and keeping your feet dry

Camp Cooking:

- Wash your own dishes
- Prepare your grey water and use a liquid disposal pit
- Use a buddy burner to make lunch or a snack
- Learn a new grace. Use the grace at three meals while you are at camp
- Make sure you're keeping your hands clean at camp. Have a hand washing station and hand sanitizer accessible.
- Make a dish using a seasonable vegetable (squash, pumpkin, parsnip, etc.)
- Try a type of food that you've never eaten before.
- Take care of your Guider(s). Take turns with other girls to wash/clear the Guiders' dishes.

Camp Skills:

- Pack your own bag and bedroll, as appropriate for your gear
- Sleep in a tent or a building.
- Light a match. Learn how to light a camp stove (if age appropriate).
- Teach another level of girls how to tarp their tent
- Replace the mantle on a lantern
- Learn three ways to light a fire. Practice these safely with adult supervision (i.e. matches, using a fire starter, using a magnifying glass, using flint and steel, etc.)

Outdoor Activities:

- Go on a nature walk or hike (remember to track your kilometers, you can earn the BC Hiking Challenge if you walk or hike a total of 100km)
- Learn about geocaching and find or hide a cache
- Plant bulbs of flowers that will bloom in the Spring as a service project to your camp (ask the caretaker for permission if appropriate)
- Learn about animal tracks. See if you can find any tracks in the area
- Use an alternate transportation method to get to your campsite such as hiking, walking, biking, canoeing, or kayaking
- Learn about dangerous and poisonous plants that are found in your area. How can you identify them?
- Learn about large animal safety (bear/cougar) and keeping your food out of reach of bears and other wildlife
- Make a bird feeder out of a pinecone or other bio-degradable material

Be a No Trace Camper

- Leave your campsite in better condition than you found it!

Completing the BC Camping Challenge

Want to earn the complete set of 5 BC Camping crests? Simply complete the other 4 challenges: Wonderful Winter, Super Spring, Sensational Summer, and Splendid Sleepover.



The BC Camping Committee can be reached at camp@bc-girlguides.org for questions and feedback!