



BC CAMPING SKILLS CHALLENGE – BROWNIES

A BRANCH SPECIFIC CAMPING CHALLENGE
FROM THE BC CAMPING COMMITTEE



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This new **BC Camping Challenge** contains a unique challenge for each branch. To earn each Challenge Crest the girls need to complete the required challenges in the four categories: **Leave No Trace, Camping Experiences, Camp Cooking, Overnight.**

We know that each girl and unit are unique in their camping skills, so we encourage you to adapt this program to work for all girls in your unit. The purpose of this challenge is to enable the girls to take the next step in building their camping skills. Older girls may choose to lead this challenge for girls in a younger branch in order to earn those crests.

Remember to follow Safe Guide for all activities.

Completing this fun challenge will most definitely help the girls to complete some of their program work. Remember to cross-reference the challenge with the Program Areas in Girls First and award the girls accordingly for their efforts.

We encourage every group to submit pictures, and possibly a write-up of their activities to the BC Camping Committee to be used in our Headlamp newsletter. Please email them to bc-campingheadlamp@girlguides.ca.

The BC Camping Committee can be reached at bc-camping@girlguides.ca for questions and feedback!

When you have fulfilled the requirements, complete the **BC Crests Order Form** found on the BC Girl Guides website <https://www.girlguides.ca/web/BC/> (click on What Girls Do > Camping > Camping Challenges). Instructions on how to order the crests are provided on the form.

BROWNIES

To complete this challenge and earn a crest please carry out the minimum number of challenges from each of the four sections as follows:

Be a No Trace Camper – mandatory

- Leave your campsite in better condition than you found it.

Camp Experiences – complete 5

- Help with chores
- Learn how to prepare for an outing or hike
- Pack your own gear for camp and carry it to your sleeping area
- Know how to use a map and compass
- Set up, light, and safely extinguish a campfire
- Learn basic first aid
- Learn and practise basic environmental conservation (recycling, etc.)
- Have fun in nature (nature bingo, nature treasure hunt, etc.)
- Know how to tie basic knots (reef knot, etc.)
- Learn about weather safety (extreme heat and cold)
- Learn about insect and animal safety and how to prevent encounters (insect repellent, mice and squirrels, coyotes and bears).
- Help select songs and participate in a campfire sing along
- Complete a service project with a nature theme (build bat houses, make bird feeders, etc.)



Camp Cooking - complete 3

- Help plan the camp menu using Canada's Food Guide
- Participate in cooking such as flipping pancakes, stirring soup, etc.
- Learn knife safety and practise by cutting vegetables, etc.
- Cook on Buddy Burners or flower pot BBQ with supervision
- Light a camp stove
- Participate in creative cooking (such as "kick the can" ice cream, armpit fudge, pie iron cooking)
- Plan and help prepare a snack for a hike

Overnight – mandatory

- Sleepover for a minimum of 2 nights in any accommodation.

